

## Expressive Therapies, Minor

The minor provides a useful complement for students who are interested in the role of art in wellness, counseling, communities development, and expression. Students consider the role of the arts as a tool to foster resiliency and to facilitate change on the individual, community, and societal level. This minor includes a blend of studio-based courses, counseling and mental health courses, and emphasizes applied and experiential approaches to learning. This integrated and interdisciplinary minor allows students to focus on media of their choice, while considering their therapeutic application.

The minor in expressive therapies is designed for students who wish to pursue careers in many diverse areas of social change or for those pursuing graduate programs in the arts, social work, psychology, health, counseling, or rehabilitation.

### Minor Requirements

Complete all courses listed below unless otherwise indicated. Also complete any corequisite labs, recitations, clinicals, or tools courses where specified.

#### Required Course

Code	Title	Hours
HUSV 2440	Expressive Therapy	4

#### Therapeutic and Counseling Courses

Code	Title	Hours
Complete two of the following:		8
HUSV 2300	Counseling in Human Services	
HUSV 2320	Techniques in Individual and Group Counseling	
HUSV 2340	Mindfulness in Mental Health	
HUSV 2500	Science of Play	
HUSV 3520	Child Intervention and Treatment	
HUSV 3540	Substance Use and Social Justice	
MUSC 1118	Music Therapy 1	

#### Studio Courses

Code	Title	Hours
Complete 8 semester hours of coursework from the following:		8
ARTD 3000	Topics in Media Arts	
ARTF 1210	Abstract Drawing	
ARTF 1220 and ARTF 1221	Elements of Visual Composition and Elements of Visual Composition Tools	
ARTF 1230 and ARTF 1231	Making with Form and Materials and Making with Form and Materials Tools	
ARTF 1240 and ARTF 1241	Making with Video, Sound, and Animation and Making with Video, Sound, and Animation Tools	
ARTF 1250 and ARTF 1251	Designing Interactive Experiences and Designing Interactive Experiences Tools	
ARTS 2340	Painting Basics	
ARTS 2341	Figure Drawing	
ARTS 3000	Topics in Studio Arts	
ARTS 3449	Drawing in Mixed Media	
THTR 1215	Activism and Performance	

### GPA Requirement

2.000 GPA required in the minor