

Nutrition, Minor

The minor in nutrition is designed for undergraduate students from a variety of disciplines across the university who wish to expand and apply their understanding in key concepts of nutrition and how they intersect with public health, clinical applications, food policy, behavioral counseling, or health communication.

The minor is comprised of five courses. It requires a foundational course in Human Nutrition (HSCI 1105) that instructs students in the basic principles of human nutrition. Students expand foundational concepts in additional required courses to apply knowledge of nutrition in clinical settings and to public health initiatives. Following the initial core courses, students complete two elective courses, at least one at 3000 level or higher, developing deeper knowledge and specific professional skills.

Minor Requirements

Complete all courses listed below unless otherwise indicated. Also complete any corequisite labs, recitations, clinicals, or tools courses where specified.

Required Courses

Code	Title	Hours
HSCI 1105	Human Nutrition	4
HSCI 2350	Advanced Nutrition in Health and Disease	4
HSCI 2500	Public Health Nutrition in the Community	4

Supporting Courses

Code	Title	Hours
Complete two of the following. At least one elective must be at the 3000 level or above:		7-8
BIOL 3611 or PHSC 2320	Biochemistry	
CAEP 2012	Health Psychology: An Introduction	
CAEP 3480	Counseling Theories and Practice	
COMM 3201 or PHTH 2300 or PHTH 2301	Health Communication	
	Communication Skills for the Health Professions	
	Communication Skills for the Health Professions—Global	
ECON 3404	International Food Policy	
EXSC 1120	Introduction to Exercise, Fitness, and Health	
HSCI 1106	Contemporary Issues in Nutrition	
PHSC 4502	Pharmacology/Medicinal Chemistry 2	
PPUA 5270	Food Systems and Public Policy	

GPA Requirement

2.000 GPA required in the minor