

## Exercise Science, Minor

The minor in exercise science is for undergraduate students from any discipline wishing to expand their understanding in this area. Exercise science is a discipline that examines the short- and long-term responses to exercise and benefits of exercise training for healthy persons, as well as persons with chronic diseases such as heart disease, pulmonary diseases, diabetes, and obesity. Through this minor, undergraduate students have an opportunity to broaden their understanding of exercise and physical activity in health promotion, disease prevention, and interventions. Students who elect a minor in exercise science may then apply to the Master of Science in Exercise Science upon graduation.

### Minor Requirements

Complete all courses listed below unless otherwise indicated. Also complete any corequisite labs, recitations, clinicals, or tools courses where specified.

### Exercise Science Requirements

A minimum grade of C is required in all courses taken toward the minor.

### Required Courses

Code	Title	Hours
BIOL 2217 and BIOL 2218	Integrated Anatomy and Physiology 1 and Lab for BIOL 2217	5
BIOL 2219 and BIOL 2220	Integrated Anatomy and Physiology 2 and Lab for BIOL 2219	5
EXSC 4500 and EXSC 4501	Exercise Physiology 1 and Lab for EXSC 4500	5
EXSC 5200	Cardiopulmonary Physiology	3
EXSC 5220	Advanced Exercise Physiology	3

### GPA Requirement

2.000 GPA required in the minor